

HOW TO MAKE A FACE MASK



What you will need:

- 9 inch by 6 inch cotton fabric
- 9 inch by 6 inch cotton or flannel backing
- Flat, rope or beading cord elastic, 1/8 inch

1. Cut the elastic 7 inches long and tie a knot at each end. Do not knot the ends of a flat elastic.
2. Put right sides of cotton fabric together and cut 9 inches by 6 inches.
3. Starting at the center of the bottom edge, sew to the first corner and stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
5. Now sew across the top of the mask to the next corner. Again, put an elastic with the edge out.
6. Sew to the next corner and sew in the other end of the same elastic.
7. Sew across the bottom leaving about 1.5 inches to 2 inches open. Stop and cut the thread then turn inside out.
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
9. Sew around the edge of the mask twice.

Thank you!