POSTED-LIS

24 Hour Urine Collection Tests

☐ 24hr Urine collection for ALDOSTERONE
   This test requires 25ML of 50% Acetic Acid to be added PRIOR to start of collection.
   Keep Refrigerated.

☐ 24hr Urine collection for AMINOLEVULINIC ACID (ALA)
   This test requires 25ML of 50% Acetic Acid to be added PRIOR to start of collection.
   Keep Refrigerated.

☐ 24hr Urine collection for HIAA-5
   (5 HYDROXY INDOLE ACETIC ACID)
   This Specimen collection contains a preservative which has been added by the Laboratory.
   Patient Preparations: You should not eat Avocados, Bananas, Cantaloupe, Dates, Eggplant, Grapefruit,
   Hickory Nuts, Kiwi, Pineapples, Plums, Tomatoes or Walnuts
   For 2 days before starting collection

☐ 24hr Urine collection for CREATININE (With Clearance)
   PLEASE NOTE THIS 24HR URINE TEST REQUIRES A BLOOD SAMPLE TO BE DRAWN WITHIN 24HRS
   OF FINISH OR BEFORE COLLECTION

☐ 24hr Urine for Citrate Excretion
   Patient Preparation:
   Please avoid taking any drug that causes Alkalemia or Acidemia.
   This test requires 10grams of BORIC ACID to be added by the Laboratory before collection begins

☐ 24hr Urine collection for METANEPHRINES
   This Specimen collection contains a preservative which has been added by the Laboratory.
   Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for 3 days
   BEFORE starting collection

☐ 24 hr Urine collection for VMA (Vanillymandelic Acid)
   This Specimen collection contains a preservative which has been added by the Laboratory.
   Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for 3 days
   BEFORE starting collection

☐ 24hr Urine collection for METANEPHRINES
   This Specimen collection contains a preservative which has been added by the Laboratory.
   Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for 3 days
   BEFORE starting collection

☐ 24hr Urine collection for CALCIUM
   PLEASE KEEP SPECIMEN ON ICE THROUGHOUT COLLECTION

☐ 24hr Urine collection for CORTISOL
   This test requires 10 Grams of BORIC ACID to be added at the beginning of collection.
   It is also acceptable to add the ACID within 2 hours of completion of collection.

Should you have any questions for Blanchard Valley Hospital Out Patient Laboratory, please call
419-423-5328, or questions for Bluffton Hospital Out Patient Laboratory, please call
419-369-2314