

POSTED-LIS

## 24 Hour Urine Collection Tests

- 24hr Urine collection for ALDOSTERONE**  
 This test requires 25ML of 50% Acetic Acid to be added PRIOR to start of collection.  
 Keep Refrigerated.
- 24hr Urine collection for AMINOLEVULINIC ACID (ALA)**  
 This test requires 25ML of 50% Acetic Acid to be added PRIOR to start of collection.  
 Keep Refrigerated.
- 24hr Urine collection for HIAA-5  
(5 HYDROXY INDOLE ACETIC ACID)**  
 This Specimen collection contains a preservative which has been added by the Laboratory.  
 Patient Preparations: You should not eat Avocados, Bananas, Cantaloupe, Dates, Eggplant, Grapefruit,  
 Hickory Nuts, Kiwi, Pineapples, Plums, Tomatoes or Walnuts  
**For 2 days before starting collection**
- 24hr Urine collection for CREATININE (With Clearance)**  
 PLEASE NOTE THIS 24HR URINE TEST REQUIRES A BLOOD SAMPLE TO BE DRAWN WITHIN 24HRS  
 OF FINISH OR BEFORE COLLECTION
- 24hr Urine for Citrate Excretion**  
**Patient Preparation:**  
 Please avoid taking any drug that causes Alkalemia or Acidemia.  
 This test requires 10grams of **BORIC ACID** to be added by the Laboratory before collection begins
- 24hr Urine collection for METANEPHRINES**  
 This Specimen collection contains a preservative which has been added by the Laboratory.  
 Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for **3 days  
BEFORE starting collection**
- 24 hr Urine collection for VMA (Vanillylmandelic Acid)**  
 This Specimen collection contains a preservative which has been added by the Laboratory.  
 Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for **3 days  
BEFORE starting collection**
- 24hr Urine collection for METANEPHRINES**  
 This Specimen collection contains a preservative which has been added by the Laboratory.  
 Patient Preparations: You should avoid Tobacco, Tea and Coffee also discontinue any medications for **3 days  
BEFORE starting collection**
- 24hr Urine collection for CALCIUM**  
 PLEASE KEEP SPECIMEN ON ICE THROUGHOUT COLLECTION
- 24hr Urine collection for CORTISOL**  
 This test requires 10 Grams of BORIC ACID to be added at the beginning of collection.  
 It is also acceptable to add the ACID within 2 hours of completion of collection.

Should you have any questions for Blanchard Valley Hospital Out Patient Laboratory, please call  
419-423-5328, or questions for Bluffton Hospital Out Patient Laboratory, please call  
419-369-2314