Instructions for Semen Infertility Sample Testing

**DO:**
- Abstain from ejaculation for 48 hrs prior but no more than 1 week before collection.
- Write your name, date of birth, collection date and time that the specimen was collected on the container.
- Collect semen sample through masturbation only. All of the ejaculate must be collected and sent for testing in the cup provided to ensure accurate results.
- Please keep the specimen between 68°F and 104°F. This can be achieved by placing the specimen in a pocket on or near your body to help maintain temperature.
- Please bring the specimen to the Laboratory within 1 hour of collection.

**DO NOT:**
- DO NOT use condoms or lubricant.

Collection time & date: ______________________________

I have read and complied with these instructions:

__________________________________________

Name (printed)

__________________________________________

Signature

**IMPORTANT**

Please return the Sample for Testing to BVHS at the following location ONLY

Blanchard Valley Hospital Laboratory
1900 South Main Street
Findlay, OH. 45840

PLEASE write YOUR NAME, BIRTHDATE, THE DATE AND TIME OF COLLECTION, on the specimen label so that we can effectively process your specimen for testing.

Should you have any questions for Blanchard Valley Hospital Out Patient Laboratory, please call 419-423-5328, or questions for Bluffton Hospital Out Patient Laboratory, please call 419-369-2314